

## “Moral Guidelines”

### Galatians 5:16-19

--Romans 8:14 “For as many as are led by the Spirit of God, these are the sons of God.”

Intro—Review—Submission to the Spirit is vital/ lethal/Feed the most/ Tonight/ Difficult/Against/ Everything /Watch, see, hear/ culture/ obsessed:

Estimated: \$12 billion pornography: More than what pro football, baseball, and basketball.

National Coalition for the Protection of Children and Families—“40,000,000 Americans are sexually involved with the internet.”

“Sex is the #1 topic searched on the internet.”

90% of 8-16 yr. olds have viewed it (Most while doing homework). Av. Age for 1<sup>st</sup> exposure: 11

Largest consumer of it: 12-17 yrs. Old.

72,000 new sex sites/ 266 porn sites added daily.

God expects you as a Christian to remain pure in your sexuality until you get married.

### 1. Sexual Sin.

I Corinthians 6:15-18 man (turn to.)

Two types:

- A) Adultery—Unpermitted sex between married people outside of the marriage they are a part of.— Agriculture/ Sunday school

Matthew 19:6 “Therefore what God has joined together, let not man separate.”

When you get married/stay married/ faithful to the person.

- B) Fornication—sexual immorality.

Unpermitted sex/ unmarried people/define/dating/single

“Many people treat sex as an appetite to be satisfied, rather than a gift to be cherished and used carefully.”

### 2. Sensual Sin.

Sensuality--Excessive devotion to sensual pleasure. Lacking moral restraint.

“Sensuality is to sex what gluttony is to eating; both are sinful and both bring disastrous consequences.”

Two types:

- A) Uncleaness—A filthiness of the heart & mind that a makes a person defiled.
- B) Lewdness—Debauchery—a reckless appetite that knows no shame. Unrestrained indulgence.

Illustration: Foundering.

Eat and eat and eat until they get sick and if it is not treated they could die.

(Key Point) Sexual desire is normal; feeding that appetite prematurely is not; it can potentially destroy you.

### 3. How to defeat these sins!

Ephesians 5:3 “But fornication and all uncleanness or covetousness, let it not even be named among you, as is fitting for the saints;”

**Ten things that will help you defeat these sins:**

**1. Correct the problem by turning to Jesus!**

**John 8:1-12** “Go and sin no more.”

**2. Have a working game plan.**

“A failure to plan is a plan to fail.”

- Identify vulnerable times and plan accordingly.
- Employ diversions. Physical activity, jogging/ lift weights/ bike ride/ redirect your thoughts

**Proverbs 4:23** “Keep your heart with all diligence, for out of it spring the issues of life.”

**3. Eliminate the action/behavior by controlling the thought!**

**Matt. 5:28** “But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.”

**II Cor. 10:5** “bringing every thought into the obedience of Christ..”

**Colossians 3:2** “Set your mind on things above, not on things on the earth.”

“Lust leads to guilt, blatant sexual sin, and even sexual addiction.”—modest dress.

**3 Tips on controlling lust:**

- A)** Give careful attention to your devotional life.

Erwin Lutzer—Fellowship with God is the best deterrent for lust.

- B)** Steer clear of temptation—store displays, magazine racks, television shows, and other things that prompt you to lust.

Ephesians 4:27 “[not] give **place** to the devil.”

- C)** Memorize scripture and pray the moment temptation hits. Ex. Eph. 4:27, James 1:14-15; 4:14, I Peter 5:8-9, Hebrews 4:15-16, and Hebrews 12:2.

**4. Understand God’s purpose for sex.**

**Genesis 2:24** “Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh.”

- God made us sexual beings!!!! Sexual desires are normal/attraction. Procreation/ pleasure & enjoyment.
- Sex inside of marriage is one of the greatest blessings that God gives to people.

Sex is a **natural** thing among a **man** and a **woman** inside the bond of marriage.

- Sex outside of marriage is dangerous; sex inside of marriage is beautiful and creative.
- Sex outside of marriage is like robbing a bank; you may get something, but you will one day pay for it.”
- Sex inside of marriage is like putting money into the bank: there is safety, security, and you will collect dividends.”
- Sex outside of marriage weakens future relationships, but sex inside of marriage can build a relationship that brings joy in the future.”

**5. Keep your future/ future mate in mind.**

- Shame and life-long embarrassment to myself.
- Ruin your testimony and give pleasure to the devil.
- Terrible feelings of guilt are hard to shake;
- Plaguing memories and flashbacks that could taint future intimacy with my spouse.
- Possible physical consequences (pregnancy from adultery, STD's, AIDS, etc.).

**Galatians 6:7** “Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap.”

**Numbers 32:23** “But if you do not do so, then take note, you have sinned against the LORD; and be sure your sin will find you out.”

#### **6. Surrender your body to the Lord daily.**

“God created our bodies, Christ redeemed them, and the Holy Spirit indwells them.”

**I Cor. 6:15** “Do you not know that your bodies are members of Christ?”

#### **7. Remember the other person has been made in the image of God.**

“Persons are to be loved; not things to be used.” Sex object/ tool/ future husband/ wife.

#### **8. Remember you will be judged by God’s standard.**

If God says it is sin, this it is!!!!

The bible gives many stern warnings about the misuse of sex: Proverbs 5:1-20; Eph. 4:19, 20; Col. 3:5; I Cor. 6:9-11.

#### **9. God intends for His people to live holy lives!**

**Eph 5:1** “Therefore be imitators of God.”

We are a reflection of His perfect character.

**I Cor. 10:31** “Therefore, whether you eat or drink, whatever you do, do all to the glory of God.”

#### **10. If you stumble, do not allow yourself to fall!!!!**

Secondary virginity/ Strive to be pure from that point on with God’s help!!!!